

Emergency Response Sheet: Anaphylaxis

Recognise ABC

AIRWAY: throat or tongue swelling, hoarse voice or difficulty swallowing. **BREATHING:** sudden wheeze, persistent cough, noisy or difficult breathing. **CIRCULATION:** dizziness, faintness, confusion, pale clammy skin, collapse or loss of consciousness. Treat ABC symptoms as anaphylaxis.

IF IN DOUBT, GIVE ADRENALINE

1	KEEP STILL	Lay flat with legs raised. If breathing is difficult, allow slight sitting. Do not allow standing or walking.
2	GIVE ADRENALINE	Bring medication to the person. Use their prescribed device if immediately available or a suitable spare AAI. Do not delay.
3	CALL 999	Say "anaphylaxis". Give the exact site and access point, follow instructions and send someone to meet the ambulance.
4	SECOND DOSE	If there is no improvement after five minutes, give a second dose using a second device.
5	STAY AND MONITOR	Follow 999 instructions, monitor airway, breathing and circulation, and start CPR if required.
6	HAND OVER AND REPORT	Contact the parent/carer once treatment is underway. Give used devices and plans to paramedics. Record and report the incident after the emergency is controlled.

Important: Never use an asthma inhaler or antihistamine instead of adrenaline for suspected anaphylaxis. If food remains in the mouth, remove it and rinse the mouth if possible — but do not delay adrenaline. Follow the current Allergy Action Plan and 999 instructions.

Local Information

School/site and address	Q3 Academy Great Barr, Wilderness Lane, Great Barr, Birmingham B43 7SD	Ambulance access point	Via Visitor Entrance (Reception). Also, via Staff and Student Entrance (main doors at the bottom of the path). Ambulance access via Grace Payne Centre and main playground.
Spare AAI location(s)	Student Services (Level 2) & Room 124 FOOD (Level 1)	Internal help route	Via Reception/ Student Services